



Dear Friends & Family,

On \_\_\_\_\_ I will be making my way through mud, fire and water in the Warrior Dash race, the world's largest 5k running series, in support of Gabe's My Heart, a nonprofit organization that provides education and comfort to kids with cancer. Our team – the Chemo Duck Warriors – is trying to raise \$10,000 through race sponsorships from friends and family and we need your help!

Established in 2004, Gabe's Chemo Duck Program – a program of Gabe's My Heart - has provided more than 20,000 ducks to children around the world. The goal of the program is to enable hospital staff and parents to prepare children for chemotherapy treatment and eliminate the fear of the unknown. Chemo Duck is a stuffed yellow duck dressed in blue hospital scrubs with a bandana around its head, a chemotherapy port on its chest and an immobilizer on his arm. In a gentle, age-appropriate manner, children learn what to expect during cancer treatment and have a friend to share the experience. In turn, children can use Chemo Duck to help friends, siblings and classmates to understand and empathize with their experience. In addition to providing Chemo Ducks, this comprehensive program has developed tools and resources for parents and caregivers, games and educational materials for children, tips for healthcare professionals, and much more.

Please help me reach my goal of raising \_\_\_\_\_ which will allow us to donate \_\_\_\_\_ Chemo Ducks to kids with cancer. Whatever you can give would be greatly appreciated and remember, for only \$30 we will be able to provide a child with their very own Chemo Duck.

To donate, please visit the Chemo Duck Warriors team page ([crowdrise.com/ChemoDuckWarriors2013](http://crowdrise.com/ChemoDuckWarriors2013)) and click on my fundraiser button or send a check directly to me made out to Gabe's My Heart. Thank you so much for your support and please feel free to send this on to any of your friends that might be interested in donating as well!

Sincerely,

